



Clearfield Job Corps Center Food Services/Nutrition Internship

To apply, please email your cover letter and resume to the email contact below.

Department: Food Services

Contact Name: Bill Abrams Phone: 801-416-3423

Email: Abrams.bill@jobcorps.org

Position(s) targeted for internship assistance: **Food Service Supervisor**

The internship experience is expected to last 12 weeks, please pace the activities accordingly. Please summarize the intended internship activities/outcomes for each of the following tiers:

Assigned Mentor(s)/Supervisor: Bill Abram, Food Services/ LPN, Weight management coordinator

Tier I Introductory

1. Support Food Services functions
2. Learn about production scheduling.
3. Menu review and planning

Summary of Expected Outcomes: Intern will have a basic understanding of how to manage a service department for a 1000 student population.

Tier 2 Exploratory

1. Develop nutritional posters and an identification system for food choices from the menu related to specific dietary needs (heart healthy, low glycemic index, etc.)
2. Create educational material on benefits of healthy nutrition.
3. Participate in the monthly food committee meeting and suggest changes as appropriate.
4. Collaborate with wellness staff to ensure information is accurate.

Summary of Expected Outcomes: Intern will have experience in providing center education and awareness of healthy aspects of nutrition.

Tier 3 Immersive

1. Assist center in Healthy Eating/Active Lifestyle (HEALS) program.
2. Participate in HEALS meetings.
3. Conduct student surveys to determine student needs/requests related to healthy activities provided on center.
4. Complete the Making the Grade program evaluation and make recommendations.
5. Conduct student workshops and staff training.

Summary of Expected Outcomes: Intern will gain experience in creating a health initiative on center through collaboration of a multidepartment team.